

Rutland Elementary

620 Webster Rd, Kelowna, BC, 250-870-5126, www.rle.sd23.bc.ca



Dates to know in October:

October 2026 Newsletter

Principal's Message:

Dear RLE Families,

September was filled with learning, connection, and many positive experiences for our students and staff.

This month, our Grade 5 students stepped into leadership roles as Safety Patrollers. After participating in training with our district safety instructor, they practiced their skills in our community and are now helping keep our students safe each day. We are proud of the responsibility, care, and leadership they are demonstrating. Thank you, Safety Patrollers!

During the final week of September, students participated in learning and reflection activities to honour First Nations, Inuit, and Métis Peoples and to increase our understanding of the lasting impacts of residential schools. Our learning culminated in a meaningful school-wide assembly led by our Grade 5 students. They shared language teachings, read *Every Child Matters* by Phyllis Webstad, led a reflection walk, and supported students in creating orange buttons as a symbol of learning and commitment to Truth and Reconciliation. Thank you to everyone who wore orange in recognition of Orange Shirt Day.

The Rutland Roadrunners will host our annual Terry Fox Run on October 8. Students are encouraged to support cancer research by bringing a toonie donation if they are able. Together, we can continue Terry's legacy of hope, perseverance, and kindness.

We are also looking forward to welcoming families into our school for Parent-Teacher Conferences on October 7 and 8. These conversations are an important opportunity to connect, celebrate successes, and support each child's learning journey.

Thank you for your continued partnership and support. We are grateful to be working alongside such an amazing school community and are excited for all that lies ahead this year.

With appreciation,
Mark Waston and Rochelle Popoff

5	World Teacher Day
6	Hot Lunch order open for November
7	Parent Teacher Conferences – Early Dismissal 12:30pm
8	Volleyball practice 8 am Parent Teacher Conferences – Early Dismissal 12:30pm
	Terry Fox Run 10:00 Implementation Day
9	No School
12	Thanksgiving No School
13	Hot Lunch order closes for November
14	Volleyball practice 8 am
	Gr 4/5 field trip 9 am
19	PAC Meeting 7pm
21	Volleyball practice 8 am
22	Photo retakes
23	Pro Day - No School
26	Cultural Performance 12:30
28	Volleyball practice 8 am
29	K's to Clubhouse Farm
30	Halloween Dance 6-8pm

SCHOOL FEES

School fees are \$50 per student. We encourage you to use our online payment system! There is a link on our website <https://www.schoolcashionline.com/> All school fees are due now.

Photo Day Orders

First photo day ordering deadline is approaching on Wednesday, October 7. Orders placed by this date will qualify for **earliest delivery and free shipping**. Any orders submitted after this deadline will be returned to the school with the **retake photo orders**. If any families have misplaced their *Express Proof*, they can contact our team at studio@photoexpressions.ca to retrieve their unique online code.



Rutland Elementary Spirit Wear: Open Until October 12

Our school [spirit wear store](#) is now open! If you'd like to place an order, please do so through the website before Monday, **October 12**. We're planning to host **School Spirit Wear Days in 2026- 2027**, and we'd love to see students showing their school pride!

Please make sure to only order from the Grade 5 Only section if your child is in grade 5.

Halloween Dance

October 30th from 6-8pm. \$10 per family or \$5 per person. All students must have adult supervision and no drop offs. Concessions will be available, cash only. PAC is also looking for volunteers. Please email Rle.PacPresident@sd23.bc.ca

Cold and Flu Season

One of the most important ways to prevent the spread of cold germs is to wash your hands! Thank you in advance for using the Safe Arrival School Messenger system. Using this system saves our clerical staff valuable time.

<http://www.sd23.bc.ca/schoolmessenger/Pages/default.aspx#/=>

Allergy Awareness

Children in our care have life-threatening food allergies. For these children, smelling, eating or touching allergy-causing food can trigger a life-threatening allergic reaction (also known as anaphylaxis). If not treated, it could lead to collapse and death. Some anaphylactic reactions can occur within seconds or minutes of contact with the allergy-causing food. Other reactions may take an hour or longer to appear. The only way to prevent this type of reaction is to avoid contact with allergy-causing foods.

Rutland Elementary has a school-wide awareness policy on peanuts and tree nuts. Parents are asked to carefully read product labels prior to sending any foods to school to ensure they do not contain peanuts and/or nuts within the ingredients list. Teachers may send home a letter outlining the specific nature of the allergy in your child's classroom. Also, please remind your children not to share their lunches.

As adorable and fun as dogs can be, unfortunately all dogs, even on leash, are prohibited from school property by the City of Kelowna bylaw. This also includes tying your dog to the fence and leaving the animal unattended. Owners that violate the bylaw may be fined \$100 by the Regional District of Kelowna. If you are walking to meet your child and you have a dog with you, please plan to meet your child off school property. Thank you to those parents who have been waiting with the four-legged family member just outside the property. We appreciate everyone's cooperation.

National Day for Truth and Reconciliation

September 30th was marked as a statutory holiday - **the National Day for Truth and Reconciliation.**

For many years, this day has been commemorated as Orange Shirt Day, based on the story of residential school survivor Phyllis Webstad, who as a child, had her new favorite orange shirt stripped from her on her first day of attending residential school. This new national holiday brings people together in the spirit of reconciliation to honor residential school survivors and their families.

Hot Lunch

Hot lunch ordering is open for November from October 6th to October 13th

<https://munchalunch.com/schools/rutland>

CANADA SAFETY COUNCIL HOME ALONE & BABYSITTING COURSES



ONLINE & IN-PERSON SESSIONS

Home Alone: Ages 9+ yrs | \$53
Babysitter Training: 10.5+ yrs | \$70

Register at:

www.babysittingkelowna.com

kidz4safety@gmail.com

or

call/text 250-317-2868



2nd Annual
Make a
SPLASH!
& Drown-Proof the Okanagan

A cartoon illustration of a yellow duck wearing blue swimming goggles, swimming in blue water. The duck is smiling and has its wings slightly out. The background is a light blue gradient with a subtle pattern of small white dots.

ADOPT A DUCK.
Watch it race.
Save a life.
ymcasibc.ca/splash

Support the **YMCA Okanagan Swims** program to ensure every Grade 3 child has access to essential swim lessons and water safety training.

Ducks race on October 3, 2026
at H₂O Adventure + Fitness Centre!

2nd Annual

Make a **SPLASH!**

& Drown-Proof the Okanagan



DUCK RACE

Adopt a duck!



QUACK & SPLASH TEAM CHALLENGE

Team up, have fun, raise funds!



AQUA CLASS

Family fun!



BBQ

by donation



Join us and support the
YMCA Okanagan Swims
program to ensure every
Grade 3 child has access to
essential swim lessons and
water safety training.

SATURDAY, OCTOBER 3, 2026

H₂O Adventure + Fitness Centre



ADOPT A DUCK OR DONATE
at ymcasibc.ca/splash

Brave Hearts Club

Children's Grief and Loss Support Group

Where Healing Meets connection

Central Okanagan Hospice Association is pleased to offer an eight week grief and loss support group for children ages 6-12 who have experienced the loss of a family member or friend through death.



Wednesdays from 4pm-5:30pm
October 7th - December 2nd
(no session on Nov. 11th)



A safe space to
explore grief



Art, games, gentle
discussion



Snacks and
refreshments

No cost to attend



Registration is Required
Starts Oct. 7 4pm-5:30pm

andi@hospicecoha.org
250.763.5511



COHA August Center, #200-1890 Cooper Road



Recreation Programs

AGES 7-13

Peachland
Kelowna
Rutland

Lake Country
West Kelowna
Vernon

Fun, friendship, and new experiences start here. BGC Okanagan recreation programs provide a safe, welcoming place to spend time after school, on weekends, and in the evenings.

Kids build friendships, learn new skills, and explore a wide variety of activities from arts and crafts, out-trips, culinary skills, STEAM activities, to sports games and more!



REGISTER TODAY

www.bgco.ca

 **bgc**
Okanagan

YOU'RE INVITED TO A

Parent Information Night

Online and In-Person
Child Safety



DATE

November 4, 2026



TIME

Doors open: 5:30pm
Presentation:
6:00-7:00pm

Question period to
follow



LOCATION

School Board Office
(1040 Hollywood Rd. S)
LC Meeting Room 355

SCAN OR CLICK TO SIGN UP



TOPICS COVERED



Why talking about bodies and personal safety matters



Prevention of online exploitation



Child abuse prevention strategies



How to talk to your child about their body and personal safety



Strategies and tools for parents and caregivers

PRESENTERS



Cpl. Renee Brand

Kelowna RCMP's Child Abuse Unit



Sgt. Celina Gammie

Kelowna RCMP's Vulnerable Persons Unit



Natalie Howe, RN

Interior Health
Population Health
Program Specialist



Central Okanagan
Public Schools
Together We Learn



Interior Health



**LIGHT SNACKS &
REFRESHMENTS**

provided