May 2020 Newsletter

Rutland Elementary

620 Webster Rd, Kelowna, BC, 250-870-5126, www.rle.sd23.bc.ca

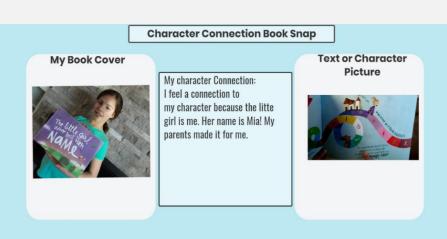


Principal's Message:

Dear Parents,

To begin, we want to thank each and every one of you for your patience, flexibility, and understanding as we moved to virtual learning opportunities for your children during this time. Zooming, Google Classrooms, SeeSaw, and the other sea of online dashboards that we have quickly come to know as household names are filling our screens! Learning to use and access these technologies have been incredibly beneficial to continue the learning journey as well as some good ol' worksheets, board games, and cards to keep us all busy. The building just isn't the same without your children and our staff in it! We miss the laughter and excitement that breathes life into RLE!

Here's a few pictures to share with you of the virtual learning.





Gord Kirsch, Principal Jessica Anjos, Vice-Principal



Check out our Website: www.rle.sd23.bc.ca

Page 1 of 2

Are You Moving?

In order to make accurate plans for next year's school organization, we need your assistance in confirming student enrollment for September. If you know that your child will not be attending Rutland Elementary School next year, please let the office know.



2020-2021 Class Placement Requests

The staff puts a lot of thought and time into building balanced classrooms. This process takes several weeks and starts at the end of May. Every year, we have a small number of parents wishing to make placement requests for their children and we ask that those requests come before we start the process of creating classes. We do recommend that you have a conversation with your child's current classroom teacher prior to making a request. If you decide to make a request, we ask you use the Request Form available on our school website and submit the form electronically (or reference it in your email) to your child's teacher as well Gord Kirsch (gord.kirsch@sd23.bc.ca) and Jessica Anjos (jessica.anjos@sd23.bc.ca) prior to May 28th. Parents are also welcome to drop off forms in a sealed envelope to the mail box by the front doors of the school, this box is supervised through the office windows. This form allows us to ensure that we are keeping track of the requests. Due to the complexity of creating balanced classrooms, we will try to accommodate as many requests as possible. Thank you for understanding as we try to honour these but in some cases are unable to do so.

Message from Michele Wolfe, Counsellor

Every day at Rutland Elementary, the talented, inspiring and enthusiastic staff fulfill their promises of providing support and learning environments for all students.

An important area of focus is the social emotional health of our students. As a team working together at Rutland Elementary it is our hope that we can continue to learn together how to best support children through anxious, stressful or challenging times.

We promise to continue to best support your child's academic and mental health and wellness.

A reminder to parents to stop trying to figure out how to parent best from "an expert". You can parent well with self-awareness, awareness of your child's development and temperament knowledge. Can you admit when you are wrong? Are you a good human that shows compassion and respect to others? In my opinion, those are the qualities that make a good parent. Do your best to build relationships and create an atmosphere for open and honest conversation. This is one of your best prevention and treatment tools.

Wellness for Families Webpage

https://www.centralokanagancontinuityofeducationalopportunities.com/mental-wellness-families

Community Resources

Community Service Directory - Kelowna - West Kelowna - Lake Country - Peachland Virtual Mental Health Supports During COVID-19 - Province of British Columbia Managing COVID-19 Stress, Anxiety and Depression

Foundry Virtual - Where Wellness Takes Shape

Canadian Mental Health Association - Changes to Programs during Self Isolation: https://mailchi.mp/cmha/cmha-kelowna-programs-services-updates-4658893?e=1c6cc2

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Page 2 of 2